Letter To Editor: Mentor: Ray of Light Puia Dulloo*

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Dear Dr.Shah,

I would like to appreciate the article published in your journal 2018 Volume-9, issue-2 by Dr.S.Paralikar highlighting the qualities of mentor. While reading the article I could link those qualities to some of the pleasant personalities, who have motivated me, encouraged new ideas and guided me towards the correct path for my betterment. They selflessly groomed me by different ways.

This article motivated me to pen down few lines for all those mentors of mine. [P Dulloo, Natl J Integr Res Med, 2018; 9(3):82]

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eISSN: 0975-9840

Mentor: Ray of light

Grammar was never my prime concern, Concepts a whisper of mercy. Math I loathe for like the prickles of sand, Science a mere thought of illusion. Yet the patient hands groomed me thoroughly.

While I made petty mistakes,

Lost in the darkness of an arrogant heart.

All respect and virtue at a critical angle,

With my feat, a bowl of used darts.

The hands cradling a candle, I worship.

When success, my path behests,

When glory gains an upper hand.

When fame bangs on my door,

When glee spreads where I stand.

The face gleaming with pride, I bow down to.

That's my teacher, my mentor, my guru,
An enlightening pit of affection and devotion.
The one who backs me up at all time,
In dead-darkness and commotion.
The one who stretches a helping hand,
In times of distress, as I lay down.
With love in heart and anger on words,
Carving my soul for the world.
Un-selfish and selfless for my progress,
Joyous on my big triumph.
The person with both care and command,
I salute thee my mentor.

By: Dr. Puja Dulloo MD(Physiology), PGDHHM, FAIMER fellow Conflict of interest: None

Funding: None

Cite this Article as: P Dulloo. Letter To Editor: Mentor: Ray of Light. Natl J Integr Res Med

2018; 9(3):82